



International Conference

on



Mental Health at Crossroads : Contemporary Modalities and Strategies for Promotion of Health and Well-Being

23– 24 February, 2024

Organized by

*Department of Psychology
University of Rajasthan, Jaipur*

in collaboration with



*Psychiatric Centre
SMS Medical College & Hospital, Jaipur*

under the aegis of

**RUSA 2.0, Project No. XIII
Psychological Interventions for Promotion of Holistic Health and Well-Being**

Venue

INAUGURAL SESSION

Humanities Hall, PG School of Humanities, University of Rajasthan, Jaipur

SCIENTIFIC SESSIONS

MMTTC, University of Rajasthan, JLN Marg, Jaipur



ABOUT THE CONFERENCE : The conference seeks to delve into holistic health promotion and mental health practices through five key themes related to diverse aspects of biopsychosocial paradigm. Emphasizing the relevance of mental health within the framework of NEP 2020, the conference addresses the vital intersections of psychology, psychiatry and other allied disciplines highlighting the imperative of youth mobilization and health promotion of diverse population including specially abled. The program promises a diverse range of discourses including scientific sessions, symposium/workshop and lectures by esteemed national and international speakers.

THEMES

Health Promotional Strategies and Practices

- ❖ Innovations in Health Promotion Campaigns
- ❖ Community-Based Health Initiatives for Rehabilitation
- ❖ Technology Usage and Health Promotion for the Person with Disability
- ❖ Approaches to Health Communication and Literacy
- ❖ Global Perspectives on Healthy Lifestyle Strategies

Psychiatric Diagnosis and Therapeutic Challenges

- ❖ Advancements in Psychiatric Diagnostic Methods
- ❖ Individualized Approaches to Early Detection and Assessment
- ❖ Ethical Considerations in Psychiatric Care of Specially abled.
- ❖ Psychopharmacology and Therapeutic Innovation
- ❖ Stigma in Mental Health Diagnosis and Treatment

Positive Psychological Interventions

- ❖ Positive Psychology in Clinical and Educational Settings
- ❖ Enhancing Mindfulness and Positive Emotions
- ❖ Fostering Gratitude Practices and Prosocial Attitude
- ❖ Cultivating Character Strengths in Learning Environment
- ❖ Building Resilience in Diverse Population
- ❖ Workplace Wellness Initiatives

Mind -Body Connections

- ❖ Psychoneuroimmunology and Neuroplasticity
- ❖ Mindfulness-Based Interventions for Physical Health
- ❖ Neuroscientific Insights into Mind-Body Interaction
- ❖ Influence of Sleep and Diet on Well- Being
- ❖ Integrating Physical Health Activities with Health Care
- ❖ Neurobiological Models for Mental Health

Socio-cultural Influences

- ❖ Socio-Cultural Diversity and Rehabilitation
- ❖ Cultural Competence in Therapeutic Practices
- ❖ Social Support Networks and Well-Being
- ❖ Social Determinants of Gender Disparities and Health
- ❖ Workplace Environment Influence on Diverse Identities
- ❖ Spiritual, Indigenous and Alternative Approaches to Mental Health



IMPORTANT DATES

Last date for Abstract Submission : 10th February, 2024

Last date for Full Paper Submission : 15th February, 2024

Last date for Registration : 15th February, 2024

SUBMISSION GUIDELINES

ABSTRACT : The title of abstract should be with the font size of 14 and all other text with a font size of 12, typed in Times New Roman font with maximum of 250 words excluding key words. The name of presenting author should be underlined. All the author should be prefixed with initials. Complete postal address of authors along with email address should be provided.

FULL PAPER : The articles/research papers are to be written up to 5,000 words including case studies, conceptual papers, full length papers and model-based papers. Article/ chapters should be in Times New Roman 12 font size with APA format. The author also needs to send the certificate of originality and consent. The submission should follow the UGC guidelines/policy of similarity/plagiarism in academic content (less than 10% similarity/plagiarism). Selected and accepted papers recommended by the expert committee will be published in the e-proceedings. All rights of publication of papers presented in the conference shall rest with the conference organizers.

SUBMIT ABSTRACT AND FULL PAPER

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REGISTRATION FEE

Category	Without Accommodation	With Accommodation
Student	500 INR	1500 INR
Research Scholar	800 INR	1800 INR
Faculty / Professional	1000 INR	2500 INR

REGISTER

<https://forms.gle/sJNRsPRyuRc4paQC6>



BANK DETAILS

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